



# KNOWLEDGE QUEST

## November 2022

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
	1	2  BRWNSKIN YOGA 4:30PM - 5:30PM	3	4  STEP AEROBICS 4:30 PM - 5:30 PM		6
7	8	9  LINE DANCING 4:30 PM - 5:30 PM	10  green leaf we DIG south memphis GARDEN WORKSHOP 4:30 PM - 5:30 PM	11  MEN HEALING MEN DRUM CIRCLE 11:30AM - 1:30PM VETERANS DAY ECA ELA CLOSED	12	13 
14	15  green leaf we DIG south memphis FALL FESTIVAL 590 JENNETTE PL 4PM - 6PM	16  Brunch & BREATHE TAI CHI BRUNCH & BREATHE 11AM - 1PM	17	18  STEP AEROBICS 4:30 PM - 5:30 PM	19	20  NO SCHOOL THANKSGIVING BREAK NOV 20TH - NOV 26TH ECA ELA CLOSED
21  MINDFUL MOVEMENTS 4:30PM - 5:30PM	22	23  BRWNSKIN YOGA 4:30PM - 5:30PM	24  HAPPY Thanksgiving KQ CLOSED NOV. 24TH-25TH	25	26	27
28  green leaf we DIG south memphis NUTRITION WORKSHOP 4:30 PM - 5:30 PM	29  Together we give. Nov 29, 2022 Facebook	30  LINE DANCING 4:30 PM - 5:30 PM				

### ENROLL IN PRE-K TODAY!

Knowledge Quest is accepting applications for the 2022-23 school year!

\*Children MUST turn 4 years-old by August 15, 2022 to apply for the 2022-23 Pre-K Program.

Apply today!

[www.knowledgequest.org/programs-eca/](http://www.knowledgequest.org/programs-eca/)

## Notes

Free and confidential in-person or virtual counseling for parents and caregivers of children. To make an appointment, call 901-207-3694 or request an appointment online.



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